



SMALL GROUP LEADER GUIDE

GROW YOUR SPIRIT
WEEK 3 EAT GOD'S WORD

Small Group Welcome

1. **Introduce** yourself, and **welcome** new kids by name.
2. Kids **share** what happened during the past week.
3. **Check up** on past week's prayer requests and events.
4. **Discuss** the question: **What's your favorite snack?**

Small Group Activity

You'll Need

- Bible Plan Word Search activity sheet (1 per child)
- Bible Plan Word Search answer key (1 per group)
- Markers (1 set per group)

To Do

1. **Read** the point together. (*Printed on the back.*)

Say: I know a great way to eat God's Word every day!
Can you guess what it is?

2. Kids **guess**.

Say: Great guesses! One way to eat God's Word every day is to choose Bible Plans to read on the Bible App. There are a lot of Bible Plans for kids to read. Let's do a word search to see what some of them are.

3. **Give** kids a Bible Plan Word Search activity sheet.
4. Kids **use** markers to **circle** the Bible Plans they find.
5. **Use** the answer key if kids need help.
6. **If time allows**, kids **decorate** their word search with ways they can eat God's word every day.

Choose questions to ask during the activity.

1. **At Konnect HQ**, what did **Alissa** do to try to make herself feel better? *She invented "Leftover Day" and did a lot of activities to celebrate it: parading, writing songs, singing, and cooking.*
2. **What actually did make Alissa feel better?** *Filling up on God's words in the Bible.*

Small Group Discussion

Say the point and Bible verse together.

Eat God's Word every day.

Matthew 4:4 NLT

But Jesus told him, "... 'People do not live by bread alone, but by every word that comes from the mouth of God.'"

1. **Where** can you find God's words? *In the Bible*

Choose a few review questions.

1. **How can people eat God's Word?** *Read the Bible, listen to it, learn from it, obey it, etc.*
2. **What happens when you don't eat God's Word every day?** *Your spirit feels hungry and gets weaker, you might be sad, empty, confused, lonely, etc.*
3. **What happens when you eat God's Word every day?** *Your spirit feels full and gets stronger, it's easier to live God's way, etc.*
4. **How can you eat God's Word if you can't read or don't understand the Bible when you read it?** *Try the Bible App for kids or a kids' Bible, get help from an older kid or grown-up, pray and ask God to help you, talk about the Bible with someone else, etc.*

Choose an action step question.

1. **What will you do to help you remember to eat God's Word every day?** *Ask for help, set an alarm, write a note somewhere I see it each day, etc.*
2. **Which kind of Bible is easiest for you to read: the Bible App, the Bible App for Kids, or a book Bible?** *Answers will vary.*

Pray together.

1. **Ask** kids to share things they'd like to pray about.
2. **Write down** their prayer requests.
3. **Pray** together over the prayer requests.

Not sure what to pray? Pray this: God, please give us understanding as we read the Bible, and help us to obey what it says. In Jesus' name, amen.

Check Out

Stay in small groups until kids are checked out.

1. **Talk about** earning points by returning the Challenge Card, and **continue decorating** word searches.
2. When a kid from your small group leaves, **say** something positive and specific to their family.
3. **Encourage** families to do the Challenge Card together.

Please save questions on back for Small Group Discussion.