



# *Konnect*

Grow Your Spirit  
WEEK 3

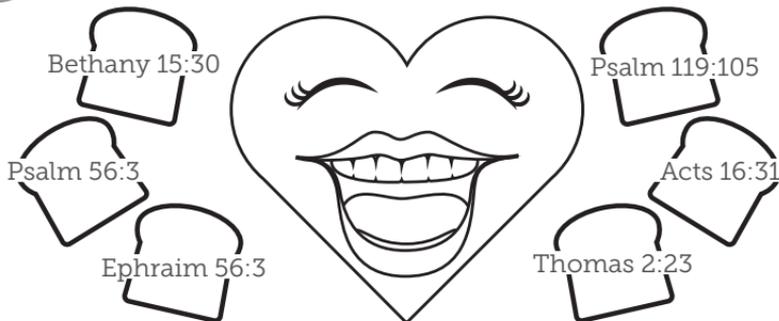
## Week 3: Eat God's Word

If you eat healthy food every day, your body gets healthier. But what about your spirit? Feed your heart with God's Word to fill it with the healthy truth it needs!

10,000  
POINTS

### Complete this activity with your family!

Look up each verse in the Bible. If it's a real verse, draw a line from it to the mouth. If it's not a real verse, mark it out.



5,000  
POINTS

### Say this week's point from memory!

Eat God's Word every day.

10,000  
POINTS

### Say this week's verse from memory!

**Matthew 4:4 NLT** *But Jesus told him, "... 'People do not live by bread alone, but by every word that comes from the mouth of God.'"*



### Complete this Bible Plan with your family!

#### Train Your Spirit

[www.go2.ic/KonnectBiblePlans](http://www.go2.ic/KonnectBiblePlans)

Complete this Challenge Card with a parent and ask them to sign below. Bring it to the Konnect Window to get your points!

Name: \_\_\_\_\_ Keytag #: \_\_\_\_\_

Parent Signature: \_\_\_\_\_